



## WHO NCD/WIN Technical Working Group on COVID-19 and NCDs

In March 2020, in response to the COVID-19 global pandemic, the WHO NCD/WIN created a Technical Working Group (TWG) on COVID-19 and noncommunicable diseases (NCDs). The TWG objectives are:

- To support countries in their efforts to strengthen the design and implementation of policies, including for resilient health systems and health services and infrastructure, to treat people living with NCDs and prevent and control their risk factors during the COVID-19 outbreak, with a particular focus on countries most vulnerable to the impact of COVID-19
- To limit the impact of the COVID-19 pandemic on avoidable mortality and avoidable disability for people living with or affected by NCDs (PLWANCDs) and their risk factors

The TWG will release a series of deliverables focusing on the interlinkages between COVID-19 and NCDs. Recently published resources include:

- **COVID-19 and NCDs**
  - [Information note on COVID-19 and noncommunicable diseases](#)
- **COVID-19 and mental health and resources**
  - [Tips for helping children cope with stress](#),
  - [Tips for coping with stress as adults](#)
  - [Briefing on supporting various population groups from team leaders or managers in health facilities to people in isolation](#)
  - [Recorded version of the live Q&A on mental health](#)
- **COVID-19 and disability**
  - [Disability considerations during the COVID-19 outbreak](#)
- **COVID-19 and physical activity**
  - [Q&A on Be Active during COVID-19](#)
  - [Physical activity tips while during self-isolation](#)
- **COVID-19 and nutrition guidance**
  - [Nutrition advice for adults during the COVID-19 outbreak](#)
  - [COVID-19, pregnancy, childbirth and breastfeeding](#)
- **COVID-19 and #HealthAtHome**
  - WHO has launched the [#HealthyAtHome challenge](#) to promote the different ways you can look after your physical and mental health during these challenging times.
- **COVID-19 and the Partnership for Healthy Cities**
  - Bloomberg Philanthropies and WHO are developing the Coronavirus Local Response Initiative and the Coronavirus Global Response Initiative.

You may be susceptible to **COVID-19** if you have a **noncommunicable disease** or pre-existing condition such as:

- High blood pressure
- Diabetes
- Heart disease
- Heart attack or stroke
- Chronic respiratory disease
- Cancer

World Health Organization #coronavirus #COVID19

In addition to these published resources, several additional resources are under development which focuses on the topics of COVID-19 and air pollution; COVID-19 and tobacco use; COVID-19 and Nicotine Replacement Therapies Global Facility.

With these various thematic areas being developed, the TWG will work until December 2020 to achieve the objectives mentioned above.

The TWG also endorses the following messaging platforms on COVID-19 in the six languages:

### Arabic

Send "مرحبا" to +41 22 501 70 23 on WhatsApp

[wa.me/41225017023?text=مرحبا](https://wa.me/41225017023?text=مرحبا)

### English

Send "hi" to +41 79 893 18 92 on WhatsApp

[wa.me/41798931892?text=hi](https://wa.me/41798931892?text=hi)

### French

Send "salut" to +41 22 501 72 98 on WhatsApp

[wa.me/41225017298?text=salut](https://wa.me/41225017298?text=salut)

### Italian

Send "ciao" to +41 22 501 78 34 on WhatsApp

<https://wa.me/41225017834?text=ciao>

### Portuguese

Send "hola" to +41 22 501 77 35 on WhatsApp

[wa.me/41225017735?text=hola](https://wa.me/41225017735?text=hola)

### Spanish

Send "hola" to +41 22 501 76 90 on WhatsApp

[wa.me/41225017690?text=hola](https://wa.me/41225017690?text=hola)

We will update you on the progress of the TWG and when new resources become available or existing resources are updated. For more WHO information on COVID-19, please click [here](#).

**Stay safe and #HealthyAtHome**